## Hospital Observation Status Physician Quick Reference Guide

## Hospital observation services—definition

Outpatient services furnished in a hospital, including the use of a bed and at least periodic monitoring by its nursing or other staff, that are reasonable and necessary to evaluate and treat a patient's condition or determine the need for inpatient admission.

## Observation stays are

 Outpatient care, although rendered in a hospital
Documentation is critical. A physician's order must specify "observation status" and must be signed and dated.
When a patient has been in observation status for 24 hours, documentation in the progress notes must include

the need to continue observation status, with plan for discharge within the next 12—24 hours

or

 the need to convert to inpatient, documenting the medical necessity for admission

or

 medical stability for discharge and plan for follow-up as needed

## Important Notes

- Conversion of observation to inpatient status cannot be retroactive:
  - Medical necessity for admission must be met and documented at the time of conversion.
  - Admission status cannot be changed after discharge or submission of the first claim.
- Conversion of inpatient to observation status can be done prior to discharge if
  - the original order was ambiguous and the physician clarifies that order (must support change with contemporaneous medical record/physician notes and orders)
- Continuous monitoring, such as telemetry, can be provided in an observation or inpatient status; in determining admission status consider overall severity of illness and intensity of services rather than any single or specific intervention.
- Hospitals can use specialty inpatient areas (including CCU or ICU) to provide observation services (e.g., for telemetry).
  Level of care, not physical location of the bed, dictates admission status.
- Examples of other conditions potentially appropriate for observation services: Chest Pain, TIA, closed head injury, blunt abdominal trauma, and unexpected outpatient postsurgical complications.
- Private Insurance companies' admission status rules may differ from Medicare's.

Please contact your hospital's utilization review staff with questions regarding patient admission status.

